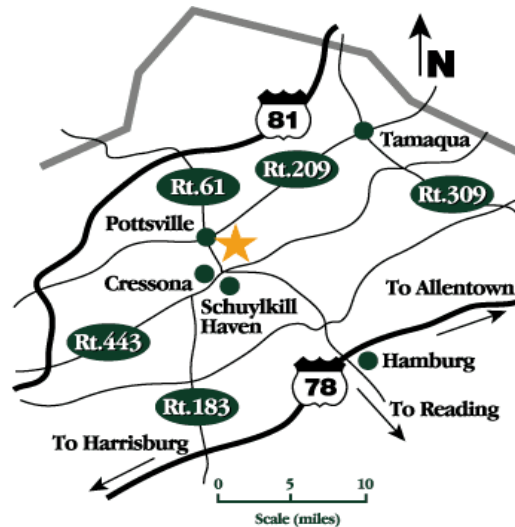


**A MEDICAL EMERGENCY  
CAN HAPPEN AT ANY TIME.**

**ARE YOU PREPARED?**



☆ Schuylkill Rehabilitation Center  
is conveniently located in  
Pottsville.



**PORTABLE  
MEDICAL  
PROFILE**

**300 Schuylkill Medical Plaza**

**Pottsville, PA 17901**

**Phone: 570-621-9500**

**Fax: 570-621-9510**

**Hours: Mon.-Fri.-7AM-6PM**

**Saturday- 8AM-NOON**

**Visit our website:**

**[www.schuylkillrehab.com](http://www.schuylkillrehab.com)**

## What is a Portable Medical Profile?

A medical emergency can happen to you or a loved one at anytime, anywhere. *Are you prepared?*

In a medical emergency there is nothing more important to your healthcare provider than precise medical information at his/her fingertips.

A portable medical profile is a card that you can carry in your wallet or a small USB flash drive that you can carry on your key ring that contains your personal medical information.

In an emergency situation, you may not be able to speak and give vital information concerning your health. A portable medical profile would prove to be very useful in providing treatment by medical personnel.

## What does a Portable Medical Profile Contain?

A Portable Medical Profile addresses your specific medical needs which may include the following:

- Advance Directives
- Allergies
- Emergency Contact Information
- Equipment and Devices
- Functional Status
- Healthcare Providers involved with Care
- Hospital Preference
- Immunization Status
- Insurance Information
- Medical Diagnoses/Conditions
- Physicians involved with Care
- Prosthetic and Orthotics Information
- Risk Factors
- Swallowing
- Vision and Hearing

Although Schuylkill Rehabilitation Center does not endorse or expect the use of specific products, the following list provides links to a variety of Portable Medical Profile tools currently available:

- ❖ The following internet sites allow you to purchase medical alert jewelry and/or USB medical alert information devices:
  - Medictag.com
  - Medicalert.org
  - Medickey.com
  - Portablehealthprofile.com
- ❖ The following internet sites allow you to secure your medical information online with easy access for a nominal fee:
  - icePHR.com
  - iHealthRecord.com
  - Nomoreclipboard.com
- ❖ The following internet sites are *free to print documents and/or create a basic account to secure your medical information online:*
  - Myphr.com/resources
  - Mywiseguide.com
  - Nomoreclipboard.com